



SKI TRACKS

Volume 50, Issue 8

March 2010

<http://www.mainlineskiclub.com/>

In This Issue	Page
New Members.....	1
MLSC Board	2
Message from the Prez	2
With Warmest Thanks.....	2
MLSC 50 th Anniversary Cookbook.....	3
* Bike Ride in Wissahickon Gorge	3
Happy Hour at The Paddock – Strafford.....	3
Wine & Dine – Limoncello Ristorante, WC	3
Hike John Heinz National Wildlife Refuge	4
Bus Trip to DC – Terra Cotta Warriors.....	4
* Matinee Movie ‘n Munch.....	5
* Hike the Wissahickon Gorge	5
Happy Hour at The Paddock, Strafford.....	5
* Picasso and the Avant-Garde in Paris.....	6
Bike Ride VF Park to Mill Grove	6
MLSC 50 th Anniversary Bash	6
MLSC 50 th Anniversary Bash Invitation.....	7
MLSC Hilton Head Tennis Trip	8
Using FRS/GMRS Radios on the Slopes.....	9
Ski Trips and Forms	10-12
Tennis and Forms	13-14
Calendar	16

* Indicates CC Phila.-oriented event

Invitation to Newcomers!! Tuesday, March 9th Crowne Plaza Valley Forge 7:30 pm

All newcomers and prospective members are invited to an informal gathering at the beginning of each monthly meeting. Starting at 7:30, we will be meeting each other as well as learning about all the ski club has to offer!! We all know that MLSC is a lot more than ski trips!!

Check in with Sea Kaplan and Rosemarie Romano, New Member/Hospitality Co-chairs, who will be conducting informative and welcoming sessions. If newcomers have questions, call Sea at 610-722-9907 or Rosemarie at 610-688-6192.

MLSC members: tell your friends and co-workers all about MLSC and to come out for this event.



Welcome New Members

Pam Wojtusik
James Beatty

Warminster, PA
Springfield, PA

Monthly Meeting & Social Casino Night



Crowne Plaza Valley Forge, KOP

Tuesday, March 9th 7:30 pm

Our meeting will start with our usual social hour. Get your drinks and catch up on what everyone has been doing and hear about the fun they have had on their recent ski trips.

The General Meeting will be a review of recent activities and details on what to expect for the future. There will be reports from the Val Gardena and Venice, Italy, Aspen/Snowmass, and Waterville Valley trips. Including reports on the trials and tribulations of winter airline travel! Did you know the Mormon Tabernacle was on the itinerary of the Aspen/Snowmass trip?

Sea Kaplan, our Nominating Chairman, will present a slate of officers for the next year. He will accept additional nominations from the floor. Voting in April.

Our headliner will be a "for fun" **Casino Night**. After a two year hiatus Casino Night is back. This is an opportunity for you to hone your skills and try your luck and leave with the money you came with! Try that in AC! After practicing and learning at our tables you will be ready to head for Vegas to make your fortune...or not! Come enjoy the fun and laughter as the dice roll and the wheel spins, all to the sound of shuffling cards!

Questions? Call our Vice President, Fletcher Swanson, at 610-431-1850 or fswanson@rcn.com

DIRECTIONS: The Crowne Plaza Valley Forge Hotel is located on Mall Boulevard across from the King of Prussia Plaza. If you are coming on 202 North, turn LEFT onto Mall Boulevard, then take a right into the hotel entrance road.

MLSC Center City Monthly Meetings

The Main Line Ski Club Center City monthly meetings will continue on the **4th Wednesday of each month** at Paddy Whacks (150 South St., Phil)

MLSC BOARD 2009 – 2010

PRESIDENT

Howard Weisz. 610-918-3780
e-mail hweisz@aol.com

VICE PRESIDENT

Fletcher Swanson 610-431-1850
e-mail fswanson@rcn.com

SECRETARY

Sally Swanson 610-431-1850
e-mail fswanson@rcn.com

TREASURER

Ed Stadler 610-617-3189
e-mail edstad07@comcast.net

MEMBERSHIP

Linda LaChapelle 610-527-2287
e-mail LindaLa2ski@verizon.net

SKI TRIPS

Kathleen Weisz 610-918-3781
e-mail kqweisz@aol.com

NEWSLETTER/GROUP EMAIL

Carolyn Bringhurst 610-889-2434
e-mail cbring12@msn.com

NEW MEMBERS/HOSPITALITY

Sea Kaplan 610-722-9907
e-mail Seakaplan11@gmail.com

Rosemarie Romano 610-688-6192
e-mail rr614@aol.com

TENNIS

Stacey Roehrs 610-889-9086
e-mail staceyroehrs@roehrs.com

WEB SITE LIAISON

Glenn Price 610 891 0929
Email glennjprice@glennjprice.com

EASTERN PA SKI COUNCIL/RACING TEAM

Frank Cressman. 610-793-6959
e-mail fcress374@verizon.net

ACTIVITIES

Sally Hilderbrand 610-489-4718
e-mail shilderbrand@comcast.net

CENTER CITY ACTIVITIES

Glenn & Janet Elliott 215-925-2166
e-mail Janet-Elliott@comcast.net
e-mail Glenn-Elliott@comcast.net

Message from the Prez



If you are like me, you have probably been watching NBC, all Olympics, all-a-time. Congratulations to Lindsey Vonn, Shani Davis (times 2) and Shaun White (carrot top) (times 2) on going gold. Also to Apolo Anton Ohno, for being the most decorated U.S. winter Olympian. One thing I don't understand is curling. The most exciting part about it is the Norwegians' slacks. This spring I am going to paint the family room, I'll be sure to have Carolyn send out an e-mail blast so you can all come over and help me watch the paint dry, while we watch the curling.

At this time both the Italy and Colorado trips are over. People have said that this year's European was the best European trip ever!

The Aspen trip was fantastic. Most of us were delayed a day or two getting out to Aspen due to the snow. The Delta flyers were delayed a day getting home due to a sick pilot. But making lemonade out of lemons, many of us took a Salt Lake City tour on Sunday morning, featuring a live performance by the Mormon Tabernacle Choir, how's that for a trip extension.

If you ever have a chance to ski with Ellen and Jay Minnicks, grab it. Yea, if you are like me, you have been skiing for 50 years and have developed all of your bad habits, which you don't want to change. WRONG. Ellen and Jay are great friends and great instructors. Most of the twenty-thirty something instructors just want to impress you with how great they are, Ellen and Jay want to make you great and tell you how great YOU are. The best complement I got from Jay was "OK, Howard, no more excuses!" They spent several mornings skiing with most of us, everyone was very appreciative. I think their theme song should be something by a great Coloradoan, John Denver, "FOLLOW ME." Many thanks from all of us.

Factoid of the month: 90% of the world's ice covers Antarctica. I thought it was Philadelphia? This ice represents 70% of all the fresh water in the world. However, Antarctica is a desert. The average yearly rainfall is about 2". Although covered with ice, on 99.6% of its land, it is the driest place on the planet, with an absolute humidity lower than the Gobi desert. How about that, Al Gore?

Howard

With Warmest Thanks!!!

A VERY, VERY special thank you to Marc Davidson and Mari Indelicato who hosted the Super Bowl Party on February 7th at Marc's home in Devon. Thirty-six people attended -- which is amazing considering the HUGE snowfall we got just the day before on Saturday. Everyone had a wonderful time, the food was scrumptious, and even the game was an exciting one with the Saints pulling it out in the end. We are MOST appreciative to Marc and Mari for all of their efforts with hosting for the second year in a row! Thank you, thank you, thank you!!!

A warmest thank you to February's other event leaders -- Rich Schonwald for Happy Hour and David and Joan Krahn for the Wine & Dine on February 20th at the Siamese Princess. You are both the BEST! Thank you so much!



Liberty Bell Icon!!

Center City events are marked with a Liberty Bell icon.

MLSC 50th Anniversary Cookbook



To all our Members! Please start compiling copies of your favorite recipes! We will be asking you to submit them to MLSC for inclusion in a special 50th Anniversary MLSC Cookbook that we want to distribute at our 50th Anniversary Bash on Saturday, April 24, 2010.

We'll be sending out instructions shortly with Guidelines for submission for these recipes...so that they're all typed in the same format and same font, etc. Pick your very favorite specialties and list your name at the bottom so we all know who to thank (or blame) for the resulting dish.

We're looking for ideas for: Breakfast dishes, Appetizers, Soups, Salads, Sides, Entrees, Treats, Desserts and Cocktail Sensations. **All recipes must be submitted in MS Word doc format via e-mail attachment and sent to Kathleen Weisz at kqweisz@aol.com.**

Thanks!

MLSC 50th Anniversary Bash Committee

Bike Ride in Wissahickon Gorge

Sat., March 6th

2:00 pm



We will meet at the Manayunk Diner, 3722 Main St next to the United Artist Theater and near the bottom of Ridge Avenue. Our ride will begin on the path along Lincoln Drive and continue to Andorra Rd, then return the way we came. This ride should be about 16 miles or 2 hours.

This is an off-road or hybrid bike ride up Wissahickon Park; hybrid bikes are recommended. Road bikes will work, but are not recommended. Helmets are mandatory. Rain or snow on ground cancels.

Join us and grab a bite and sip or a movie afterward. For information, **contact Glenn Elliott at 215-925-1879 or glenn-elliott@comcast.net.**

Happy Hour at The Paddock - Strafford



Friday, March 12th
~ 6:00 pm

Now the work week is over. Drop in and catch up with your MLSC friends and also make some new ones! Appetizers are provided for \$1.00 (shrimp cocktail, fish, beef bullets, etc.) and drinks are reasonable. Such a deal!! AND, the Paddock has easy parking and a spacious bar with plenty of room to socialize.

Directions: The Paddock is on the NW corner of Lancaster Ave. and Old Eagle School Road in Strafford (just west of Wayne), PA. It was formerly John Harvard's.

For information or if you have questions contact Bob Campbell (484-452-6638) or Rich Schonwald (610-356-2936) OR email him at rschonwald@verizon.net. Hope to see you there!!

Wine 'n Dine – Limoncello Ristorante, West Chester



Saturday, March 13th

7:00 pm Meet at Bar

7:30 seated - 10-15 of us

Come out for a great dining experience with the MLSC at Limoncello Ristorante in historic downtown West Chester! Family-owned and operated, Limoncello proudly serves authentic Southern Mediterranean dishes in a charming yet upscale atmosphere. Opened in 2006, under the leadership of Executive Chef Paul Mingrino (who will probably come out to greet us) and his younger brother, Restaurant Manager Frank Mingrino, Limoncello's has been a hit from the first.

Newly renovated, Limoncello now features a full service bar with a sophisticated selection of wine, cocktails and after dinner cordials. The menu is vast and diverse featuring Southern Italian cuisine and all kinds of specialties such as: Prince Edward Mussels in wine sauce for \$10 or Antipasto Limoncello for 2 for \$15 (a great bargain!)...and entrees ranging from Eggplant Parmigianino for \$16 to Chicken Limoncello for \$20 to a whole array of seafood and veal dishes in the \$20 range...or even Gourmet Pizzas and Pasta dishes starting at \$10.

(continued on next page)

Just walking through the doors, be prepared to be overwhelmed. The smells will delight you not to mention the choices. If you can't decide what to order, just ask the experienced and helpful wait staff for a recommendation. Prices are reasonable, and you can always share an entrée or order an appetizer and salad as your dish. There is a \$3 split fee for entrees. We'll be ordering off the menu,

(Check it out at www.limoncellowc.com/dinner) Critics describe the scene as "casual fine dining with Italian influence." Our attire should be casually elegant as well! We'll meet up at the bar at 7:00 and be ready to be seated by 7:30 pm. Your costs will be the cost of your dinner and drinks plus 25 % added for tip and tax.) Please bring cash, and keep track of what you order, there will be one bill for the entire table, and Howard will pay it with his credit card. We'll keep a menu handy for reference at bill time. There's free on-street parking; but arrive early as it's scarce. Otherwise, park right across the street at the First National Bank - cost is \$5 per car. (We could car-pool; does anyone want to leave your car at our house?) Limoncello Ristorante, 9 N. Walnut Street, West Chester, PA 19380 (610-436-6230.)

RSVP:

Please contact Kathleen Quaid-Weisz at 610-918-3781 or (kqweisz@aol.com) by Friday, March 5 to reserve a seat for dinner. We will take the first 15, so call early!

Hike John Heinz National Wildlife Refuge at Tinicum

Sunday, March 21st

2:00 pm

Join us for a hike and some bird watching in the Philadelphia wetlands. **For reservations, call Jim Sayne 610-222-0413, cell 610-564-3590 OR email him at jimsayne@yahoo.com** (please be sure you get a response to ensure your email has been received!). Meet at **2:00 pm** at the Environmental Center.

Directions: Take 1-95 North to Exit 10 - Route 291 East, Airport Exit. Go to the first light (Bartram Avenue). Turn left from left-turn lane onto Bartram Avenue and go 1.6 miles to 84th Street. Turn left onto 84th Street and go 0.7 miles to Lindburgh Blvd. Turn left onto Lindburgh Blvd. and go 0.2 miles to the refuge entrance on right and follow signs to the visitor center.

For additional information see www.fws.gov/northeast/heinz/welcome.htm for directions and a site map. **Bring binoculars, water and a snack.**



“Field Trip” Opportunity!!!

Terra Cotta Warriors: Guardians of China's First Emperor

**At the National Geographic Museum
Washington, DC**

Sunday, March 28th

We will be taking a bus trip from Willow Grove (8 AM) and King of Prussia (8:30 AM) down to Washington to see this once-in-a-lifetime event that we are really excited about offering!! This is the last stop of a two-year US tour for the exhibit. We have a limited number of spaces on the bus, however, so contact Linda LaChapelle **NOW** to make your reservation.

Come join us for this special exhibit comprised of soldiers, charioteers, archers, musicians, generals and acrobats. Nearly 2,000 years ago, thousands of life-size clay figures were buried in massive underground pits to accompany China's first emperor, Qin Shihuangdi, into the afterlife. Their discovery outside the city of Xi'an in 1974 is one of the greatest archaeological finds of the 20th century.

Now you can stand face-to-face with these terra cotta warriors. The National Geographic Museum hosts this exhibition featuring treasures from the tomb complex including 15 life-size figures, weapons, armor, coins, and more. Don't miss this chance to see the largest collection of significant artifacts from China ever to travel to the United States.

Date: Sunday, March 28, 2010

Trip Leader: Linda LaChapelle
1 Braxton Road
Rosemont, PA 19010
610-527-2287
LindaLa2ski@verizon.net

Departure: 8:00 AM—depart from Willow Grove Marriott
8:30 AM—depart from King of Prussia, Crowne Plaza Hotel

Please indicate which pick-up point you prefer: Willow Grove or King of Prussia.

Reservations

- Deadline:** February 26, 2010
- Lunch:** 11:30 AM—Arrival at Union Station for lunch (Lunch & dinner are **NOT** included in the cost of the trip.)
2:00 PM—Arrival at National Geographic Museum for exhibit
- Dinner:** Fast food stop en route home
- Return:** Approximately 9 PM
- Cost:** \$62.00 pp
Cost for non-members: \$67.00
- Payment:** Please make check payable to MLSC and mail to:
**Linda LaChapelle
1 Braxton Road
Rosemont, PA 19010**
- Trip Includes:** Bus transportation, museum ticket and headset.
- Cancellation:** MLSC policy applies

Matinee Movie 'n Munch

Sunday, March 28th

Approx. 4:00 pm

Ritz Bourse - Philadelphia



It's time to relax indoors by enjoying a movie at the Ritz at the Bourse Theater near 4th and Chestnut Sts in Center City. There is always a good selection of movies here or at the Ritz Five.

Afterwards, we'll have an informal Sunday supper/snack at the Triumph Brewing Company located just down the street or one of many other restaurants in the area.

We'll pick the movie(s) on Friday, March 26th when the weekend selections come out, and notify everyone by Saturday morning. If times coincide, we may even be able to have two choices of movies!

So plan now to come on out! Start time is approximate and will be based on the film(s) picked.

To reserve, call Glenn Elliott, 215-925-1879 or email him at glenn-elliott@comcast.net

**April 3-4 - Easter Weekend.
No activities planned.**

Hike the Wissahickon Gorge

Sun., April 11th

2:00 pm



We will hike the beautiful Wissahickon Gorge area around Forbidden Drive and Wissahickon Creek inside the Philadelphia City limits for a truly awesome hike!! We'll go down one side of the creek on a blazed trail, then over a bridge and back the other side starting at Northwestern Avenue in Chestnut Hill near Bruno's (corner of Germantown Pike and Northwestern). Approximate distance – five miles.

Jim Sayne will be our leader. Call Jim at 610-222-0413 or (cell) 610-534-3590 to let us know you are coming. Cancelled in the event of rain.

DIRECTIONS: Take Germantown Pike towards Philadelphia. Turn right across from Chestnut Hill College at the light at Northwestern Ave. and park. Bruno's is on the near right corner and is available for drinks, snacks, or an early Sunday supper after the hike.

Happy Hour at The Paddock - Strafford

**Friday, April 16th
~ 6:00 pm**



Now the work week is over. Drop in and catch up with your MLSC friends and also make some new ones! Appetizers are provided for \$1.00 (shrimp cocktail, fish, beef bullets, etc.) and drinks are reasonable. Such a deal!! AND, the Paddock has easy parking and a spacious bar with plenty of room to socialize.

Directions: The Paddock is on the NW corner of Lancaster Ave. and Old Eagle School Road in Strafford

(just west of Wayne), PA. It was formerly John Harvard's.

For information or if you have questions contact Bob Campbell (484-452-6638) or Rich Schonwald (610-356-2936) OR email him at rschonwald@verizon.net. Hope to see you there!!

Picasso and the Avant-Garde in Paris

Saturday, April 17

4:00 pm

Philadelphia Museum of Art

Join us for the Picasso Exhibit at the Philadelphia Museum of Art and **stay for dinner at the Waterworks Restaurant (meet 6 pm, dine 7 pm).**

Internationally recognized as one of the most innovative and influential artists of the twentieth century, Pablo Picasso (Spanish, 1881–1973) was at his most ferociously inventive between 1905 and 1945. Picasso and the Avant-Garde in Paris surveys his work during these crucial decades, when he transformed the history of art through his innate virtuosity and protean creativity.

The exhibition follows the trajectory of Picasso's career from his early experiments with abstraction to his pioneering role in the development of Cubism, as well as his dialogue with Surrealism and other important art movements in the ensuing decades. The exhibition will also explore the important role that the city of Paris played in the history of modern art during the first half of the twentieth century, when artists from around the world followed Picasso's example and moved to the French capital. It will include works by expatriate artists like Marc Chagall, Jacques Lipchitz, Patrick Henry Bruce, and Man Ray, who collectively formed a vibrant, international avant-garde group known, for posterity, as the School of Paris.

Contact the museum or go on-line to purchase your tickets: \$23 or \$21 (65+). Or join the Museum for \$100 Dual (\$80 tax deductible contribution) and get two tickets.

Also contact Glenn Elliott (609-658-8468 mobile or Glenn.Elliott@alcatel-lucent.com) to let us know you are coming and to book you in our dinner reservation.



Bike Ride Valley Forge Park (Betzwood Bridge) to Mill Grove

Sun., April 18th

2:00 pm



Last year eleven bikers enjoyed this beautiful ride so bring your mountain or hybrid bike to the Betzwood Bridge parking lot in Valley Forge Park. Meet up with Leader Kerwin Nailor and other MLSC bikers for a delightful spring bike ride via the Schuylkill Bike Trail to Pawlings Road where we will take a "spur" to Mill Grove Sanctuary (home of John James Audubon).

After taking a snack break on the lawn overlooking the Perkiomen Creek, we will continue on the spur to Lower Perkiomen Park where we will join the Perkiomen Trail , then back to the Schuylkill Trail to head back to Betzwood.

Bring water and a helmet (required on all MLSC bike rides!!) as well as a mid-afternoon snack and we'll all share in a snack "potluck" at Mill Grove!!

Call Kerwin at 610-666-1939 OR email him at kerwinnailor@verizon.net to let him know you'll be joining the group OR if you need further directions to Betzwood Bridge location. Rain cancels. Total mileage is approximately 10 miles.

Main Line Ski Club 50th Anniversary Party

Saturday, April 24, 2010

**For details,
see the next page.**

The Main Line Ski Club is 50 Years Old!

Believe it or not, our club is now fifty years old.

To celebrate this joyous event we'll be holding a 50th Anniversary Bash at the Farmhouse at Places! Bistro, at the People's Light and Theatre Co.

39 Conestoga Road
(aka Rte 401 just off Rt. 30)
Malvern PA
610-647-8060



On

Saturday, April 24, 2010
7 PM – 11PM



Casual dress

Will feature carving stations of roast beef and turkey, salads and sides
Cash bar and a DJ

Cost: Members: \$25 Guests: \$50

(The Club's cost is way more than \$25, but we are subsidizing our loyal members.)

The only way to reserve is by sending in your check.

Make your check payable to MLSC and send your reservation to:

Sally Hilderbrand
712 Barrington Road
Collegeville, PA 19426

Reservations need to be received by April 15th.

Sally, yes, sign me up for the 50th Anniversary Bash.

Name(s): _____

Members _____ # Guests _____ Total \$ _____

e-mail: _____ Phone _____

MAIN LINE SKI CLUB HILTON HEAD TENNIS TRIP

May 2 – 8, 2010

The Tennis: It is time to plan for tennis camp and spring vacation! We will be taking lessons at the South Beach Racquet Club, in the Sea Pines Plantation (a TENNIS Magazine Top-50 Resort).

- Morning clinics have stroke instruction and drills, doubles strategy, and match-play evaluation.
- A pro for each four to six players.
- These clinics are open (and enjoyable) to all levels including beginners.
- Free tennis is available in the afternoon and private lessons can be arranged at extra cost

The Island and where we will be staying:

Hilton Head Island is a vacation paradise with long beaches, golf courses, bike paths throughout the island, good restaurants, and lots of shopping. We are staying at Shorewood Condos, sharing two and three bedroom units with ocean views. Master bedrooms have a king bed and en suite bathroom, non-master bedrooms have a variety of bed arrangements and a bathroom off the hall. Some participants arrange their own housing and some don't play tennis but enjoy the group fun.

Cost: See the chart on the sign-up sheet (below). The cost includes six nights in the condos (double occupancy), 15 hours of instruction, a round robin Friday afternoon, and group activities. Guaranteeing a master bedroom is \$25/person (two in a king, known roommate required); guaranteeing a room without a roommate is \$245 (single occupancy). The organizer matches solos with a same-sex roommate – no single supplement is charged if she cannot. Non-members must become members at a half-year cost of \$25. Transportation is NOT included; flights are available into Hilton Head or Savannah. Driving time is 12 hours.

Other stuff:

- **Deposits** of \$350.00 (or the full amount) by **March 1** and balance by **April 1**:
 - Checks made out to Main Line Ski Club
 - Signup form and check mailed to: Christine Cobb, 311 N. Essex Avenue, Narberth, PA 19072
- The normal Main Line Ski Club policies for cancellations will be followed.
- Questions? Check out: <http://www.cjobb.com/HiltonHead/HHTennisCamp.html> or email Chris Cobb at Chris@cjobb.com or call at 610-308-2468

Circle Choice	Non-master BR	Master King BR	No housing	Other chgs*	Total
With tennis	575	600	305		
Without tennis	315	340	30		
Other charges (*):		*Single supplement add \$245 *Non-members add \$25			

Name: _____

Address: _____

Phone: _____ (H) _____ (C) Email: _____

Tennis level: Rating: ____ or self-evaluation: _____

Roommate (request) & bed preference: _____

Emergency Contact Name & Phone #: _____

Tell us a little about yourself for a group introduction sheet (where you live, what you do (or don't do) for a living, children, other interests, etc, etc. If you don't fill this in, and I know you, beware that I will write it!

Using FRS/GMRS Radios on the Slopes

(Submitted by Fletcher Swanson)

Have you encountered the following situations? You're skiing with a friend or family member and all of a sudden you have become separated. Where are they? Did they fall? Are they hurt? Did they take a different trail? Or you walk into a very crowded lodge looking for your friends who have agreed to meet you there for lunch. Are they there yet? Where are they sitting? Or your friends are on the chair behind you on the lift, and you want to ask them a question. What to do? You could pull out your cell phone; fumble for the number, hoping you won't drop it and that you will get reception. Or you could pull out your inexpensive FRS/GMRS radio, push the talk button and talk to friends almost anywhere on the mountain.

Family Radio Service/General Mobil Radio Service (FRS/GMRS) radios are now common place and have become inexpensive since their introduction in 1996. They will transmit up to 15+ miles with unobstructed line of sight or less in rolling terrain and dense forests. The radios come with 22 different channels, 15 at up to 5 watts for higher transmitting power for longer distances and 7 at ½ watt for shorter distances. But what makes them a truly interference free communication system is that each of the 22 channels can be subdivided into 38 sub channels making a total of 836 possible unique channels available.

They can be found at many popular retailers such as Kmart, Wal-Mart, Target, Radio Shack and many others. Popular brands are Cobra, Midland, Motorola and Uniden. Prices are in the range of \$40-60 for two radios with rechargeable batteries. Consider smaller size and weight when purchasing so it will be comfortable to carry in your ski clothing or on a lanyard around your neck.

In the Main Line Ski Club many of us have and use FRS/GMRS radios. Our MLSC frequency is channel 15 sub channel 30. With thousands of skiers on the mountain this gives us our own private frequency. On our western trips the radios allow us great flexibility. Our group can head to the mountain independently and easily rendezvous at a lift. Or if your skiing companion wants to quit early, you can locate other members to join and finish out the day.

Do yourself a favor and pick up a pair of these practical radios and start thinking of all the places you will be able to use them.



http://en.wikipedia.org/wiki/Family_Radio_Service

<http://www.bestbuy.com/site/olspage.jsp?guidelD=1072288099473&type=page&id=cat12077>

<http://www.nextag.com/Frs-Gmrs-Radios/search-html?nextg=4f50a1c051e-FCAF242B40CB716F>

VAIL, COLORADO

Downhill

March 6-13th



We're going back to VAIL. WOW VAIL, the largest ski area in the United States. We will be staying at the Vail Spa just 200 yards from the Lionshead Gondola and the recently completed Lionshead base area with new restaurants and shops. And a few steps out the front door to the free bus that runs to downtown Vail.

Package includes round trip direct airfare to Denver; Free Welcome Party at resort, a wine and cheese party in our condo one night and cocktails at Pepi's restaurant another night. 3 BR, 3 BA condos, full kitchen, and free high speed internet. On-site: outdoor and indoor heated pool, 2 outdoor hot tubs, indoor hot tub and sauna, laundry, luggage handling and ski valet storage. Also included: 5 of 7-day lift tickets.

- Dates:** March 6-13, 2010
- Trip Leaders:** Glenn & Sally Price
1951 Colt Rd
Media, Pa. 19063
610-228-0992
Glenn@glennjprice.com
- Air Departure:** Saturday, 3/6/10
PHL-DEN
- Bus Transfer:** Denver/Vail.
- Lodging:** The Vail Spa Condos. Free welcome party, 3BR, 3BA condos w/ full kitchen, free high speed internet in every condo. Concierge, luggage handling, ski valet storage. On site indoor outdoor hot tub, pool, sauna, laundry facilities.
- Air Return:** Saturday, 3/13/10 Arrive PHL approx 11:00 pm.
- Cost/Member:** \$1550 per skiers.
Subject to change
- Includes:** RT air, ground transport, pre, post & on site parties, plus lodge Welcome Party, 5 of 7-day lift tickets.
- Payments Due:** \$500 at Signup
\$500 on October 10th
- Balance Due:** \$550 on December 1st
- Cancellation:** MLSC Policy will apply. Trip insurance available and is recommended.

JAY PEAK, VERMONT

Downhill, X-C

March 14-20th



In January 2010, Jay Peak Resort opens their new, state-of-the-art, Tram Haus Lodge with ski valet service and ski-in/ski-out access to the mountain.

This ALL inclusive trip begins at Phila. 30th St. Station for relaxed train trip to northern Vt. Included in the package are a Canadian country breakfast and gourmet dinner off the menu at the Hotel Jay One restaurant each day, Welcome Party and Evening entertainment.

The trip includes five (5) mid-week days of skiing along with ski lessons each day for the downhill skier. XC skiers will enjoy the new Jay Peak Nordic Center.

Optional: XC side trips and a trip to Stowe, the Bogner outlet, and Montreal are available to all.

- Dates:** March 14-20, 2010
- Trip Leaders:** Janet & Glenn Elliott
622 Kenilworth St
Philadelphia, PA 19147
215-925-1879
janet-elliott@comcast.net
- Departure:** Sunday, 3/14/10, at 9:20 am direct from Amtrak 30th Street Station. Arrive St Albans, VT at 9:30 pm.
- Transfer:** Jay Peak shuttle is included.
- Lodging:** HOTEL JAY ONE (state-of-the-art, breakfast/dinner, ski-in/ski-out, ski valet, entertainment)
- Return:** Saturday, 3/20/10, at 8:20 am from St Albans, VT to 30th Street Station. Arrive PHL 8:28 pm.
- Cost/Member:** \$895 pp (dbl occ), XC . DH add \$130 for lift , Srs \$21/day for lift
- Payments Due:** \$200 at Signup
\$300 due November 10th
- Balance Due:** \$395 on January 1 (DH skiers add \$130 for lift – see above)
- Options(\$):** Day at Stowe for DH
Two days at additional XC sites
Day trip to Montreal
Visit to Bogner Outlet
- Cancellation:** MLSC Policy will apply. Trip insurance available; Recommended.

Main Line Ski Club

Ski Trip Policy

RESERVATIONS AND DEPOSITS

Reservations will be accepted on a first-come first-served basis, as follows:

- Only MLSC members may sign up prior to or during the September general meeting
- Members of other EPSC clubs may sign up only after the September general meeting has been held.

Reservations are confirmed only when a deposit and a signed reservation form and release of liability are received. The deposit amount is indicated in each trip's individual description. Separate payments are required for each trip and checks should be made payable to Main Line Ski Club. No cash payments can be accepted. To take advantage of the discount policy, when offered, payment in full must be received by the early payment date.

SURCHARGES

There is a **surcharge for guests of members of \$35 per person** for major/airline trips and \$25 per person for weekend/bus trips.

When a trip has reached its quota, a formal waiting list will be established requiring a \$25 per person deposit for weekend/bus trips and \$35 per person for major/airline trips. This deposit will be applied to the cost of the trip if a cancellation occurs and the wait-listed person is moved onto the trip. The deposit will be refunded in full if the wait-listed person is not called or if he or she cancels from the wait list prior to being called. However, if a person remains on the wait list, is called but decides they cannot go (for whatever reason) the deposit is forfeited.

CANCELLATIONS AND REFUNDS

All cancellations must be received in writing by the trip leader. Cancellation penalties apply to all MLSC trips. Because of the complexity of financing most major trips, trip leaders establish their own cancellation and refund amounts and schedules according to the payment requirements of the airlines and lodgings. A minimum administrative fee of \$25 for weekend/bus trips and \$35 for major/airline trips is charged for any cancellation.

In the event a cancellation occurs before a trip leaves and a replacement is found, deposits and payments will be refunded, less the MLSC admin. fee and any

fees charged by the airline (if applicable). In the event a cancellation occurs before a trip leaves and a replacement is not found, deposits and all payments may be forfeited. Any refund will be dependent on the payment and cancellation schedule with the airline, bus or accommodation, and any losses that might be incurred by MLSC. Please speak to a trip leader to be sure you understand this process before you sign up for any MLSC trip.

ACCOMMODATIONS

All costs are for double occupancy unless otherwise noted.

Trip leaders have limited information available ahead of time as to room configuration and specific amenities. While we attempt to book equal facilities for all trip participants there can be discrepancies, with condos especially, from room to room. Please try to be flexible, but if there are major issues with your assigned place, talk to your trip leader immediately upon check-in.

DEPARTURES

Departure times listed in trip write-ups are subject to change, due to airline rescheduling. Be sure to communicate with your trip leader 2-3 weeks before your trip departs.

OTHER

Anyone under the age of 21 must be accompanied by an adult.

The Main Line Ski Club maintains a No Smoking policy for all trips. This includes bus, condos and parties.

Laptop computers should be used only during off hours so as not to tie up the telephone. People use the phone to make ski plans early in the morning and dinner plans late afternoon/early evening. Be considerate of your roommates/condo mates when using phone lines for computer purposes.

**TRIP PARTICIPANTS ARE SOLELY
RESPONSIBLE FOR CARING FOR THEIR OWN
EQUIPMENT**

**When signing up for a trip or activity, please fill out and include this reservation form along with your deposit made out to Main Line Ski Club.
(You must be a member of MLSC or an EPSC member club that offers reciprocity.)**

Main Line Ski Club Trip/Activity Reservation Form

Trip/Activity: _____

Date(s): _____

Name(s) (if couple): _____ Member: Yes No

_____ Member: Yes No

Note: Please use complete legal name(s) as cited on ID/Passport and print clearly.

Address: _____

Home Phone(s) _____

Work Phone(s) _____

Cell Phone(s) _____

Email(s) _____

Airline/Frequent Flyer #(s) _____

Emergency Contact/Phone: _____

Acknowledgement of Responsibility and Release of Liability

The Main Line Ski Club is a year-round social/sports club providing a variety of activities for its members. Most of its activities are, to varying degrees, hazardous. By assuming all risks involved, I agree not to hold Main Line Ski Club, its Officers, its Board Members or trip leaders liable for any accident or injury resulting from my participation in this Club activity. After reading, understanding and accepting the Release of Liability, I hereby make a reservation for this trip/activity.

Signed: _____ **Date** _____

Signed: _____ **Date** _____

Club Policy Regarding Cancellation

All cancellations must be received in writing by the trip leader. Cancellation penalties apply to all MLSC trips. Because of the complexity of financing most major trips, trip leaders establish their own cancellation and refund amounts and schedules according to the payment requirements of the airlines and trip providers. A minimum administrative fee of \$25 for weekend/bus trips and \$35 for major/airline trips is charged for any cancellation. In the event a cancellation occurs before a trip leaves and a replacement is found, deposits and payments will be refunded less the MLSC admin fee and any fees charged by the airline or tour provider. In the event a cancellation occurs before a trip leaves, and a replacement is not found, deposits and all payments may be forfeited. Any refund will be dependent on the payment and cancellation schedule with the airline, bus or accommodation or tour provider and any losses that may be incurred by MLSC. Please speak to your trip leader to make sure you understand this process before you sign up for any MLSC trip.

All individuals that participate in this adventure program (including skiing, hiking, biking and other such activities) do so at their own risk. Participant assumes the inherent risks associated with these adventure activities, which can be dangerous. Risks include such occurrences as altitude sickness, illness, disease, overexertion, broken limbs and alcohol consumption. By signing this document, I agree to take full responsibility for my own actions, safety and welfare.

Insurance: Travel Insurance is highly recommended. See your Trip Leader for details.

MAIN LINE SKI CLUB

SUNDAY NIGHT TENNIS, 2009-10

When Sundays, Beginning September 13th , 4:30 – 6:30 p.m. thru May 2, 2010
Where Springton Tennis & Racquet Club, Rte. 252, Media (610) 356-2003
Cost: \$15/member; \$18/guest of member.
 Cost includes the courts, balls, and refreshments.

SUNDAY NIGHT FORMAT

On Sunday nights we play 4 courts/2 hours per week from 4:30 to 6:30 p.m. The format will be round robin, 4 half-hour sessions.

If the initial response to the Fall program warrants more courts or more hours, we will adjust the program accordingly.

"A-B" Players - Must have a Springton rating of 3.5 or better. The round robin schedule will be organized for maximum competitiveness, according to level of play.

"C" Level// Non-Rated Players - In weeks where there are enough to fill at least one court (4 players) or more, one court will be designated for this group.

Free Rating

You are encouraged to have your level of play rated. Springton Racquet Club is providing free ratings clinics as follows: Sept. 10th at 1:30 & 7:00PM, Sept. 12th at 3:30 and Oct. 3rd at 3:30, and then the first Saturday of each month - October through April. You must call 610-356-2003 in advance to register.

To participate, mail the Mixed Doubles Round Robin reservation form, along with your check, **payable to Main Line Ski Club**, to:

Stacey Roehrs
 315 Spencer Road
 Devon, PA 19333
 610-889-9086 staceyroehrs@roehrs.com

Cancellation Policy:

If you find you cannot make a session you've signed up and paid for in advance, try to arrange for your own sub and have them reimburse you. If you cannot find a sub, PLEASE contact the coordinator as early as possible so they can try to fill your spot. If the coordinator finds a sub for you, you will be eligible for a make-good session. If no sub is found, no refund or make-good session will be given.

Main Line Ski Club Tennis Coordinators 2009-2010 Season

		Home Phone	Work Phone
Overall Tennis Coordinator:	Stacey Roehrs	610-804-5891	610-363-7999
A/B Group Coordinator:	Stacey Roehrs	610-889-9086	610-363-7999
C Group Coordinator:	Sue Kapusta	610-284-1069	610-626-1400 x312
Hilton Head Coordinator:	Chris Cobb	610-308-2468	
Ski Club Meeting Spokesperson	Carolyn Bringham	610-889-2434	

MLSC
TENNIS 2009-2010 CONTRACT SIGN-UP
SUNDAY EVENING MIXED DOUBLES ROUND ROBIN
 (Circle below all dates that you wish to play)

Mail this form—along with your check payable to Main Line Ski Club—to:

Stacey Roehrs
 315 Spencer Road
 Devon, PA 19333
 610-889-9086
staceyroehrs@roehrs.com

Per Session: \$15/member; \$18/non-member
 Cost includes the courts, balls, and refreshments.

NAME: _____

ADDRESS: _____

DAYTIME PHONE: _____ EVENING: _____

E-MAIL ADDRESS: _____

Level of Play (Check One): A B C

2009				2010				
SEPT	OCT	NOV	DEC	JAN	FEB	MAR	APR	MAY
						7	<input type="checkbox"/>	2
						14	11	
						21	18	
					28	28	25	

Note: No tennis scheduled: April 4, 2010_ Easter

Cancellation policy If you find you cannot make a session you've signed up and paid for in advance, try to arrange for your own sub and have them reimburse you. If you cannot find a sub, PLEASE contact the coordinator as early as possible so they can try to fill your spot. If the coordinator finds a sub for you, you will be eligible for a make good session. If no sub is found, no refund or make-good session will be given.

Acknowledgement of Responsibility and Release of Liability

The Main Line Ski Club is a year-round social/sports club providing a variety of activities for its members. Most of the activities are, to varying degrees, hazardous. By signing up for this trip/activity, I voluntarily assume the risks involved. By assuming all risks involved, I agree not to hold Main Line Ski Club, its officers or board members, or trip leaders, liable for any accident or injury resulting from my participation in this club activity. After reading, understanding, and accepting the Release of Liability, I hereby make a reservation for this trip/activity.

Signed: _____ Date: _____

This page intentionally left blank

Linda LaChapelle
1 Braxton Road
Rosemont, PA 19010

Main Line Ski Club **Winter/Spring 2010 Calendar of Activities**

Take a look, then MARK your CALENDARS **NOW** so you don't forget!!

* Indicates CC Phila.-oriented event

Sat., Mar. 6th	* Bike Ride in Wissahickon Gorge
Tues., Mar. 9th	MLSC Monthly Meeting – KOP
Fri., Mar. 12th	Happy Hour at The Paddock – Strafford
Sat., Mar. 13th	Wine & Dine at Limoncello Ristorante, West Chester
Sun., Mar. 21st	Hike John Heinz National Wildlife Refuge at Tinicum
Wed., Mar. 24th	* CC Meeting at Paddy Whacks - Phila
Sun., Mar. 28th	Bus Trip to Washington, DC to see the Terra Cotta Warriors
Sun., Mar. 28th	* Matinee Movie & Munch
Sun., April 11th	* Hike the Wissahickon Gorge
Tues., April 13^h	MLSC Monthly Meeting – KOP
Fri., April 16th	Happy Hour at The Paddock – Strafford
Sat., April 17th	* Picasso and the Avant-Garde in Paris – Phila Museum of Art
Sun., April 18th	Bike Ride Valley Forge Park to Mill Grove
Sat., April 24th	MLSC 50th Anniversary Party
Sun. – Sat., May 2-8th	Hilton Head Tennis Trip